

March 2010

Gladwin Community Schools Nutrition Services Lunch Menu for Intermediate and Sacred Heart Schools

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Chicken Tenders Mashed Potatoes Applesauce Rice Krispy Treat Choice of Milk	2 Walking Tacos Buttered Corn Diced Pears Choice of Milk	3 Mini Bosco Sticks with dipping sauce Food Bar Choice of Milk	4 Submarine Sandwich with a bag of chips Carrot Sticks and dip Applesauce Choice of Milk	5 Cheese Pizza Dippers with Sauce Green Beans Diced Peaches Choice of Milk
8 Hamburgers Tator Coins Pineapple Chunks Choice of Milk	9 Mini Corn Dogs Green Beans Mixed Fruit Choice of Milk	10 Cheese Pizza Food Bar Choice of Milk	11 Sloppy Joes Buttered Corn Banana Choice of Milk	12 PopCorn Chicken Celery Sticks & Peanut Butter Apple slices Choice of Milk
15 Mostaccioli with meat sauce Green Beans Diced Pears Frozen Go-Gurt Choice of Milk	16 Chicken Sandwich Hashbrown Patti Diced Peaches Choice of Milk	17 Pepperoni Pizza Pocket Food Bar Choice of Milk	18 Turkey Gravy served over Mashed Potatoes Fresh Pear Bug Bite Grahams Choice of Milk	19 Baked Cheese & Macaroni Carrot Sticks and Dip Grapes Brownie Choice of Milk
22 Chicken & Cheese Quesidillas Buttered Corn Mandarin Oranges Choice of Milk	23 Hot Dogs Tator Tots Dill Pickle Diced Pears Choice of Milk	24 Beef Ravioli Food Bar Choice of Milk	25 Pancakes and Sausage with a cheese Cube Tator Coins Apples Slices Choice of Milk	26 Cheese Pizza Veggie of the Day Fruit of the Day Choice of Milk
29 Spring Break No School This week	30	31	April 1	Meal Prices: Full pay \$1.50 Reduced \$.40 <u>All menus subject to change</u>

Alternate Entree choices available each day:

<u>Monday</u> Yogurt, string cheese and grahams OR PB&J uncrustable	<u>Tuesday</u> Nacho Stack UP OR PB&J uncrustable	<u>Wednesday</u> Chef's Salad OR PB&J uncrustable	<u>Thursday</u> Turkey & Cheese Sandwich OR PB&J uncrustable	<u>Friday</u> Nacho Stack UP OR PB&J uncrustable
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Now Available! LOW BALANCE EMAIL ALERTS

You may sign up to receive an email alert when your student's meal account balance reaches the low level.

TO SIGN UP:

Send an email to: msnettleton@gcsnet.org
and include student's full name and grade along with a current email address to send the alert to.
Forgot to send money with your student for their meals?

Deposits can be made on line at www.gcsnet.org and clicking on **PaySchool**

No person because of race, color, national origin, sex, age or handicap shall be excluded from participation in our U.S. Dept. of Agriculture Donated Food and Child Nutrition Program. Anyone who believes they have been discriminated against should write: Secretary of Agriculture, Washington, D.C. 20250